



Cc Medical schools

Dear New Doctors in Scotland

We appreciate that this is a unique and difficult time and one that you, like most of us, have had no similar past experience to help you prepare. We thank you for volunteering to begin your working life as a doctor at an earlier stage than you anticipated by applying to undertake a Foundation Interim Year 1 (FiY1) post, and we wish to provide support for you from the start. We want you to be clear that you are valued and your contribution is going to be welcomed.

The Scotland Deanery, Scottish Foundation School and Health Boards across Scotland are currently planning how to support your transition from medical student to doctor in these unique times. We will be working with your medical schools collaboratively, and within national guidance. We wish to assure you that we have teams of enthusiastic foundation supervisors, programme directors, Scotland Deanery administrators and education management staff.

In this letter you will find some additional resources – both mandatory and recommended. We wish to start as we mean to proceed, by supporting you and providing you with information that has been specifically selected for you.

Contents

- Induction 1
- Supported Practice 2
- Supervision **Error! Bookmark not defined.**
- Foundation Learning Resources..... 3
 - General resources identified for foundation 3
 - BMJ Best Practice (free access)..... 4
 - COVID-19 specific resources..... 4
- Wellbeing resources 4
- Appendix – E-Learning for Health Foundation Fast Track (FiY1) courses 6

Induction

Before you commence, you must complete the following induction.

1. **Statutory and Mandatory Training (SMT)** - required for all healthcare workers before they commence. This varies between Health Boards and you will be advised by your Health Board as to how to access and complete the relevant training. These modules will be delivered on-line and you must ensure that you complete them.
2. **Educational induction**
 - a. You will shortly receive access to TURAS foundation e-portfolio. When you receive this you will be required to accept and complete **declarations** prior to opening this portfolio.
 - b. **You must attend your regional deanery induction sessions.** This may be delivered face to face or may need to be delivered by webinar.

- c. You are advised to attend the Scotland deanery educational induction session which will be delivered as a webinar. Q & A sessions will be included as part of this induction.

We **strongly recommend that you also complete the following e-learning:**

1. Doctors in Training Induction (DIT) – available on the e-LfH platform
2. Relevant LIFT modules (Learning in Foundation Training) - these are accessible through TURAS e-portfolio
3. Some elements of the foundation programme e-learning thought to be most relevant prior to starting:
 - a) Professional capabilities 9: Recognises, assesses and initiates management of the acutely ill patient
 - b) Professional capabilities 11: Obtains history, performs clinical examination, formulates differential diagnosis and management
 - c) Professional capabilities 13: Prescribes safely

Once you access your TURAS e-portfolio you will be able to access the LIFT modules. You should review these modules and may wish to complete the modules relevant to the outcomes listed above.

You will also receive login details to [e-Learning for Health](#) shortly – these programmes are all pre-loaded in your account under the “Foundation Fast Track (FiY1)” heading, in the ‘[My e-Learning](#)’ section. There are a number of courses within each programme and they should take around one day to complete in total. It may be better to do them over the course of 2 or 3 days broken down into smaller elements.

You may start these courses at any point without waiting for your GMC provisional registration. **If you have completed any of the courses already in the past year as part of your medical school activities and can evidence this, you do not need to repeat them now.**

Note that you may be asked to complete further e-learning once you have started. You should follow Health Board policies regarding this and let your Foundation School know if you have any concerns.

Supported Practice

We appreciate your joining the workforce early, this is a huge benefit to our organisations and patients. Thank you for stepping forwards at this time, we are aware how significant this move is. Our Foundation School and Health Boards will be providing you with local induction, buddying/mentorship and ensuring that you are well supported. Each region in Scotland is working closely with their regional medical schools who have developed supportive packages with senior staff and peers who will provide support networks for FiY1 doctors. We recognise that this early introduction to your medical career will

be challenging and you should seek out these support networks. If you are working in your allocated Foundation region which is not close to your university the university support networks allied to your place of work will provide this for you.

Supervision

The Associate Postgraduate Dean and relevant Consortia leads alongside the Health Board Directors of Medical Education will have responsibility to support you in the workplace. They will be supported by a Foundation Programme Director (FPD). You will also have a clinical and educational supervisor who will be your direct contact for support in the workplace.

Note the following important employment and training arrangements:

- To ensure good supervision, ideally FiY1 doctors should work in the daytime only
- Any Health Board receiving FiY1 doctors must ensure the following
 - Half-day induction
 - A named Educational Supervisor and Clinical Supervisor (CS) for each FiY1 doctor, who will provide support for the doctor and will be able to complete a clinical supervisor end of placement report.
 - The CS/ ES will meet you either face to face or virtually and will record an induction meeting in the portfolio and end of placement meeting
 - No other e-portfolio content is mandated
 - You are, however, encouraged to populate your e-portfolio with some content
 - Activities undertaken as part of the FiY1 experience count towards your Foundation Year 1 (FY1) training progression (if you are undertaking FY1). Early completion of F1 is not anticipated as in order to be granted full registration by the GMC the F1 will require an ARCP and be issued with the F1CC.
 - This means that as an FiY1 doctor you can collect evidence in your e-portfolio that can be used towards your FY1 ARCP in June 2021, but we would expect you to complete a full 12 months (pro-rata for those in LTFT posts) in a formal FY1 programme (August 2020 - July 2021 for most).
 - It is not obligatory for you to formally record evidence in your e-portfolio of having met the requirements of the curriculum during this time as an FiY1 doctor.

Foundation Learning Resources

We recommend you consider the resources below. You will not be asked to evidence completion, but you may wish for these to be recognised in your e-portfolio learning log (see details below).

General resources identified for foundation

- **Learning in Foundation Training (LIFT) modules-** These are accessed through TURAS e-portfolio and provide a range of educational material which will help you both in terms of

evidencing your portfolio should you wish to and also will provide you with educational material that will help you in your post. LIFT modules will show in your portfolio if you have completed them.

- **E-Learning for Healthcare (e-LfH)** has foundation-specific training that complements the learning from your mandatory/strongly recommended fast track modules
 - <https://www.e-lfh.org.uk/programmes/foundation-programme/>
 - Completion of any e-LfH courses will show automatically in your e-portfolio if you have connected it with your e-LfH account

BMJ Best Practice (free access)

All trainees in the UK have free access to [BMJ Best Practice](#) for quick access to the latest evidence-based information to inform your clinical decisions, support your training and help you deliver safe patient care. [Download the app for offline access.](#)

To access for the first time, go to bestpractice.bmj.com. If using OpenAthens, click '**Log In**' and select '**Access through your institution**'. You will need an NHS OpenAthens account to access off the NHS network, register here:

- [NHS England OpenAthens Registration](#)
- [NHS Scotland OpenAthens Registration](#)
- [NHS Wales OpenAthens Registration](#)
- [Healthcare Library of Northern Ireland Registration](#)

COVID-19 specific resources

- **E-Learning for Healthcare** has COVID-19 training
 - <https://portal.e-lfh.org.uk/Component/Details/604722>
- Scotland Deanery COVID resources
 - <https://learn.nes.nhs.scot/27993/coronavirus-covid-19>
- **WHO** resources:
 - <https://www.who.int/teams/risk-communication/health-sector>

Wellbeing Resources

[Scotland Deanery Resilience](#)

[Doctor Support Network](#)

[BMA Counselling](#)

[NHS Mental Health Site](#)

Thank you for graduating early and voluntarily commencing work early to help in these unprecedented times. You are very welcomed.

Yours Sincerely,



Dr Mike Masding

Co-chair of UK Foundation Programme Board
Chair of UK Foundation School Directors
Committee
Lead Foundation School Director for England



Dr Tom Lawson

Co-chair of UK Foundation Programme Board
Lead Dean for Wales

Appendix – E-Learning for Health Foundation Fast Track (FiY1) courses

1. Statutory and Mandatory Training for FiY1 (SMT)

Data Security Awareness - Level 1 (743-0008)
Fire Safety - Level 1 (743-0001)
Infection Prevention and Control - Level 1 (743-0005)
Moving and Handling - Level 1 (743-0007)
Resuscitation - Level 1 (743-0004)
Resuscitation Adults - Level 2 (743-0012)
Safeguarding Adults - Level 1 (743_0010)

2. Doctors in Training Induction (DIT)

Safe Prescribing and VTE Scenario (102-1001)
Blood Transfusion and Consent Scenario (102-1002)
Mental Capacity Act and Death Certification Scenario (102-1003)

3. Foundation (FND) programmes

a) Professional capabilities 9: Recognises, assesses and initiates management of the acutely ill patient (FiY1)

Senior Advice: When to Stop for Help (000-1004)
Assessment and Initial Management (000-1015)
Re-evaluation and Monitoring (000-1016)
Managing Low Urine Output (000-1023)
NICE IV Fluid – Assessment (000-1176)
NICE IV Fluid – Principles and Five Rs (000-1177)
NICE IV Fluid – Properties (000-1178)
NICE IV Fluid - More Complex Scenarios (000-1179)
NICE IV Fluid - When It Goes Wrong (000-1180)
Managing Sepsis (000-1024)
Arterial Blood Gas Sampling and Interpretation (000-1017)
Patient with a Reduced Level of Consciousness (000-1018)
Pain Management (000-1020)
Oxygen Therapy (000-1193)

b) Professional capabilities 11: Obtains history, performs clinical examination, formulates differential diagnosis and management (FiY1)

Mental Health Act (000-1011)
Holding an Outpatient Consultation (000-1110)
Hospital Acquired Fever What to do if MRSA Positive (000-1061)
Hospital Acquired Fever: What to do Next (000-1062)
Infection Control: Diarrhoea in an Inpatient (000-1063)
Infection Control: Air and Blood Borne Pathogens (000-1064)
Ward Laboratory Interface (000-1056)

Ward and Imaging Interface (000-1057)
Multi-Disciplinary Discharge Planning

c) Professional capabilities 13: Prescribes safely

Medication History Taking and Prescribing on Admission (000-1013)
Prescription Writing (000-1181)
BNF Usage and Other Prescribing Information Sources (000-1182)
Safe Use of Injectable Medicines (Part 1) (000-1183)
Safe Use of Injectable Medicines (Part 2) (000-1184)
Safe Anticoagulation (000-1185)
Safe Prescribing in Renal Impairment (000-1186)
Prudent Use of Antibiotics (Part 1) (000-1187)
Prudent Use of Antibiotics (Part 2) (000-1188)
Prudent Use of Antibiotics (Part 3) (000-1189)
Safe Prescribing of Insulin (000-1190)
Adverse Drug Effects (000-1191)
Communicating Treatment Risks to Patients (000-1051)
Safe Prescription and Risk Management (000-1014)
Safer Medicine Use Through Concordance (000-1192)
Safe Practice the Doctors Perspective (000-1048)
Pain Management (000-1020)
Safe Prescribing and VTE Scenario (102-1001)
Blood Transfusion and Consent Scenario (102-1002)
VTE Prevention in Secondary Care (703-0201)
Haemovigilance in the UK and Republic of Ireland (ROI) (702-0101)
Blood Group Serology (702-0202)
Requesting Procedure (702-0103)
Sampling Procedures (702-0104)
Collection Procedure (702-0105)
Administration Procedure (702-0106)
Management of Transfused Patient (702-0107)
Safe and Appropriate Transfusion Practice (702-0201)
Red Blood Cells (702-0203)
Adverse Effects of Transfusion (702-0208)