

Hello Everybody, we are the Chief Registrars for NHS Lothian. We would like to take this opportunity to introduce ourselves.

What is a Chief Registrar?

- Our role is to represent the DIT (Doctors-in-Training) at the interface between consultants, managers and the wider workforce.
- Our focus is service improvement, education and training, engagement, morale, workforce and sustainability.

Who are we?



"My primary focus is wellbeing at work. I have been a doctor for seven years, working in London, Kent, Glasgow, Edinburgh, West Lothian and Fife, across a variety of specialities.

My deep concern is burnout, disengagement and attrition rates, and their effect on the individual, team, patients and the service. I am really excited about the endless possibilities of improvement through this role."

Dr Maeve Gallagher
ST5 Obstetrics and Gynaecology
Base: Royal Infirmary of Edinburgh
E-mail: maevegallagher@nhs.net

"My priorities for this year are to look at speeding up the implementation of new ideas for service improvement and unveiling the less visible management cogs of the big NHS Lothian machine to trainees in all specialities."

Dr Chris Johnston
ST8 HPB and Transplant Surgery
Base: Royal Infirmary of Edinburgh
E-mail: chris.johnston@ed.ac.uk



"Before studying medicine, I did a degree in Computer Science and worked as a Business Analyst in a bank, so since joining the NHS I have been interested in the systems we use – both in terms of the benefits, and the risks of unnecessary duplication of work. I've therefore completed several QI projects, and have found them a useful way of increasing my own engagement, productivity and job satisfaction.

This is what has drawn me to the role of Chief Registrar, I would like to help my fellow Doctors in Training become more engaged with NHS Lothian, and help improve opportunities for people to make real improvements throughout the organisation. We have a highly trained network of skilled clinicians, all with different strengths – I want to make sure colleagues are encouraged and empowered to improve things for our patients, their families, our organisation and for ourselves."



Dr Rory Barr

ST5 Child and Adolescent Psychiatry

Base: Paediatric Psychology and Liaison Service, Royal Hospital for Sick Children

Email: Rory.Barr@nhslothian.scot.nhs.uk



"I started off medical life in Tayside after graduating from Dundee in 2013. I have a keen interest in Global and Local health issues, which started from involvement in the group Medsin in my student years. I realised early on that Oncology ticked all the boxes for me and after 3 years in Glasgow I started as a Medical Oncology trainee at the WGH last year. I'm passionate about the outdoors: hill walking, camping, running and travelling. With this in mind, I'm really excited to not only be one of the representatives for the registrar body but help facilitate system changes that will help account for the impact medicine has on an environmental level."

Dr Ashley Pheely

ST4 Medical Oncology

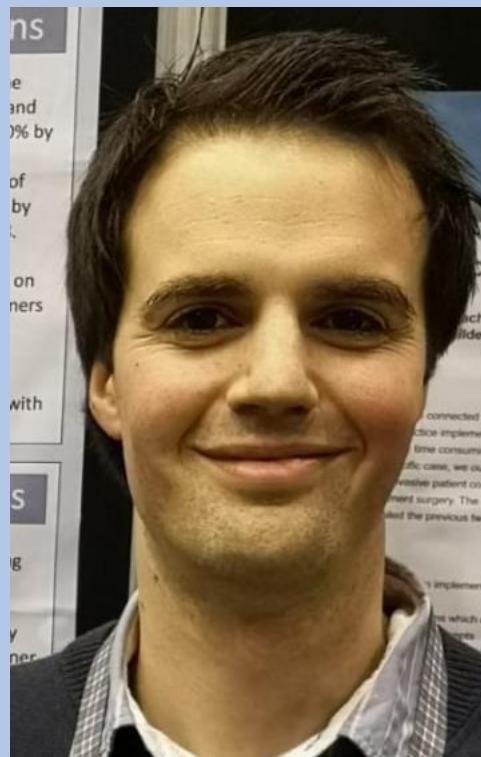
Base: Western General Hospital

Email: Ashley.Pheely@nhslothian.scot.nhs.uk

"Between my core and higher training I spent two years working as a Clinical Teaching Fellow, and want to take my knowledge learned from that about simulation and improving trainee experiences into my work as a Chief Registrar.

I've had a fantastic time working in psychiatry. Having trained in South-East Scotland since my Foundation Training I'm aware of what it is like to work at the Royal Edinburgh site as an FY2, Core Trainee and Registrar.

I'm very happy to be contacted about ongoing work or support for trainees at REH. I will be working on helping to introduce electronic prescribing at the REH site, and also in evaluating the changes to rotas that have been recently implemented."



Dr Chris O'Shea
ST5 Forensic Psychiatry
Base: Royal Edinburgh Hospital
Email: chris.o'shea@nhs.net



"I am firstly a dad of two boys and a husband...I was also a teaching fellow last year! Through this I developed a passion for QI (quality improvement) human factors and simulation. I believe that DIT can be a powerful voice to make things better.

I want to support DIT with QI and systems change. One area of interest is 'nightshift health' – how can we make things better? Please get in touch about this and anything else that is important to you."

Dr Dan Hufton
ST7 Paediatric Registrar
Base: Royal Hospital for Sick Children
E-mail: dhufton@nhs.net